



**ITEC**  
**International Training Programme**  
on  
**Forest Dwellers:**  
**Developmental Challenges & Solutions**



January 28<sup>th</sup> to February 10<sup>th</sup>, 2026



Chhattisgarh Academy of Administration, Nimora, Raipur, Chhattisgarh, India







# Contents

1. Introduction to the State and this training
2. Objectives of this training
3. Key benefits from this training
4. Chhattisgarh's initiatives
5. Why this training matters for Foreign Officers
6. Day wise themes
7. Daily schedule
8. Resource persons
9. Field visits during training
10. Contact us







# Welcome to Chhattisgarh- The State full of surprises!



**C**hhattisgarh is a vibrant State located in central India, known for its natural resources, tribal traditions and rich cultural heritage. Formed on November 1st, 2000, Chhattisgarh has emerged as one of India's fastest developing states. Covering an area of 1,35,000 sq.kms., it comprises 33 administrative districts. The capital city is Raipur, which serves as a major commercial and industrial hub.

Geographically, Chhattisgarh is endowed with lush forests (over 44% green cover), rivers, waterfalls and diverse wildlife, making it both an ecologically significant region and a growing destination for eco-tourism. The State, straddling the ore-rich Chhota Nagpur plateau, is also a major contributor to India's mineral wealth, producing coal, iron ore and bauxite in abundance.

Chhattisgarh is home to a large tribal population (over 30%), their festivals, dances like Maria, Suwa, Panthi and Raut Nacha, and traditional handicrafts reflect the region's deep-rooted cultural identity. With a blend of tradition and progress, Chhattisgarh offers a unique glimpse into India's rural and tribal life, while steadily advancing in agriculture, industry and sustainable development.







# About the training

**T**he forests of India are home to a rich tapestry of Indigenous Communities whose lives, cultures, and livelihoods are intricately woven with the natural environment. Forest dwellers, particularly tribal and indigenous populations, have historically depended on forests for their sustenance, spiritual beliefs, and social identity. However, in recent decades, they have faced a host of complex challenges ranging from displacement, loss of livelihood, alienation of traditional rights, environmental degradation, and the impacts of climate change, to issues involving governance, development pressures, and socio-economic marginalization.

In response to these pressing concerns, the Government of India has enacted and Government of Chhattisgarh has implemented progressive legislations, including the Forest Rights Act (2006) and PESA, which are aimed at recognizing and safeguarding the rights of forest-dwelling communities. The challenges still continue.

To foster a better understanding of these multifaceted issues in a global context, the Chhattisgarh Academy of Administration, (ATI Chhattisgarh) is organizing a specialized training program for foreign officers on "Forest Dwellers – Developmental Challenges and Solutions". This program aims to provide participants with a comprehensive overview of the legal, socio-economic, occupational patterns and environmental dimensions affecting forest dwellers, explore innovative and inclusive solutions for Livelihood, and facilitate knowledge exchange on best practices from both sides.

Through expert-led sessions, field visits, and interactive discussions, this training will not only highlight the challenges faced by Indigenous communities but also focus on collaborative and sustainable approaches to address them, ensuring that the rights and well-being of Indigenous Communities, the forest dwellers are at the core of governance and rural development strategies.

# Objectives of this training

01

To provide a comprehensive understanding about forest dwellers in India and Chhattisgarh – Be introduced to the socio-cultural, economic, and livelihood context of forest-dwelling communities, with a focus on tribal population in Chhattisgarh.

02

To examine key developmental challenges faced by Indigenous Communities, the forest dwellers and to explore issues such as displacement, loss of traditional livelihoods, limited access to education, health, and infrastructure, as well as environmental degradation.

03

To analyze legal and policy frameworks related to Indigenous Communities, the forest dwellers – Study major laws including the Forest Rights Act (2006), PESA Act (1996), emphasizing their role in protecting rights and enabling sustainable development.

04

To share best practices and innovative approaches to sustainable development – Highlight successful models and case studies in livelihood promotion, community participation, forest governance, and resource management.

05

To equip participants with actionable insights and tools – Provide practical knowledge and strategies to support inclusive and sustainable developmental policies for forest dwellers in their respective countries or spheres of influence.

06

To visit field sites and interact with local stakeholders – Organize field visits in Chhattisgarh to observe development interventions, engage with forest communities, and understand the ground realities and implementation challenges.



# Key benefits of the training



- Gain contextual insight into Indigenous & Forest Communities – Understand the cultural, social, and ecological significance of forest dwellers, with special focus on tribal populations in the State.



- Learn from India's Progressive Policies – Explore landmark policies such as the Forest Rights Act (2006) and PESA Act (1996), which offer innovative solutions to balance development, rights, traditional livelihood, conservation and sustainability.



- Have Real-World Exposure through Field Visits – Engage directly with Indigenous communities, local leaders, Women Self Help Groups and development practitioners. Observe successful on-ground initiatives in livelihood, health, education, and resource management.



- Exchange Cross-Cultural Learning's – Share experiences and best practices with officers from diverse countries, fostering mutual learning and gaining global perspectives on forest governance and sustainable livelihood management.



- Observe Practical Tools for Policy & Program Design – Gain actionable strategies and tools to plan, implement and evaluate inclusive development programs that respect indigenous rights and promote sustainability.



- Build International Networks – Connect with local domain experts, policymakers and fellow participants for ongoing collaboration in the areas of tribal welfare, forest conservation, and sustainable development.

# Major government initiatives for Indigenous Communities in Chhattisgarh



## Forest Rights Act Implementation & Land Ownership Deeds

- Issued over 4.82 lakh individual Forest Rights Certificates and over 52,000 community forest rights certificates, leading the nation in traditional rights recognition.
- Pioneered the issuance of “masahati pattas” (land deeds) in Narayanpur forest areas, enabling access to welfare schemes and securing land tenures.
- Introduced procedures to transfer forest land titles to legal heirs of deceased right holders, enhancing intergenerational security of land tenure.

## Support for Minor Forest Produce (MFP) Collectors

- Expanded the list of minor forest produce licensed for procurement from 7 to 67 items under support price scheme.
- Increased the minimum support price of tendu leaf collection from 2,500 to 5,500 per bag, boosting income for ~13.5 lakh forest gatherers.
- Achieved procurement of 73% of the country's minor forest produce volume, ensuring direct benefit to gatherers.





## Van Dhan & Value-Addition Programs

Promoted Van Dhan Yojna (Forest Wealth Scheme) and Van Dhan Vikas Kendras (Forest Wealth Development Centres), supporting women self-help groups with value addition facilities and improved marketing of MFPs.



## Tree Plantation & Ecological Regeneration

- Launched a large-scale tree plantation drive around tribal sacred sites (Devgudi and Matagudi) across Bastar region, planting saplings around 400 sites.
- Compensatory Afforestation Fund Management and Planning (CAMPA) funded initiative to cover over 10,000 open wells near forests, ensuring safety for both wildlife and human communities.



## Integration with Agricultural & Livelihood Support

Kisan Vriksha Mitra Yojana (Farmer Tree Friend Scheme) – Launched a scheme with the objective to increase the income of the farmers/other rural beneficiaries by planting commercial species of trees on their own land, ensuring buy-back of the products from the beneficiaries of this scheme.





# Why this training matters for Foreign Officers

The training programme will showcase:

**01**

## **Rights Based Governance:**

Demonstrates concrete implementation of the Forest Rights Act, including community governance and security in land tenures.

**02**

## **Livelihood Transformation:**

Highlights state-led models for value addition, direct procurement on Minimum Support Price (MSP) and income enhancement for collectors of Minor Forest Produce (MFP).

**03**

## **Sustainable Development in Practice:**

Combines sustainable development, ecological restoration, women's empowerment, and rural enterprise in tribal districts.

**04**

## **Conflict-Sensitive Infrastructure Access:**

Extends services like health, education, infrastructure, electrification to remote, formerly neglected areas impacted by internal conflicts.



## DAY WISE THEMES

**DAY  
01**

Overview about State,  
its forest, Indigenous  
Communities etc.

Introduction to the Tribal  
culture of the State, visit  
tribal museums, cultural  
evening showcasing tribal  
art forms.

**DAY  
03**

Sustainability in  
livelihood of forest  
dwellers.

**DAY  
02**

**DAY  
04**

Visit to Archaeological  
site of Sirpur,  
District Mahasamund.

Workshop on Tribal Art  
Forms of Odhattisgach  
(Gadna, Dhokra,  
Terracotta etc.)

**DAY  
6**

Government  
initiatives – forest  
rights to Indigenous  
Communities.

**05  
DAY**

**DAY  
07**

Water & Soil  
conservation in forest  
areas, for benefit of  
local dwellers.

Educational initiatives  
for Indigenous  
Communities, followed  
by visit to see some  
best practices.

**DAY  
9**

Initiatives to provide  
food and nutrition to  
Indigenous  
Communities, Right to  
Food Act, PDS, paddy  
procurement etc.

**08  
DAY**

**DAY  
10**

Special schemes for  
Particularly Vulnerable  
Tribal Groups (PVTGs).

Visits to see best practices in  
forest, tribal, rural development,  
school education, meeting with  
women SHGs, etc.

**DAY  
11-12**

**DAY  
13**

Initiatives for extending  
coverage of health facilities  
to Indigenous Communities.

Peace building/safety and  
security concerns for  
Indigenous Communities.

**DAY  
14**

# DAILY SCHEDULE

## Wednesday 28-01-2026

10.00 to 10.15	Inauguration and registration of participants
10.15 to 11.30	Introduction to Chhattisgarh
11.45 to 01.00	Forests- The lifeline of Tribal Population in Chhattisgarh
02.00 to 04.45	Overview about Tribal and Forest best practices in Chhattisgarh
04.45 to 5.00	Feedback

## Thursday 29-01-2026

10.00 to 10.15	Session with the State Tribal Research Institute
10.15 to 11.30	Introduction to Tribal Culture of the State
11.45 to 01.00	Preserving cultural rights of tribal people
02.00 to 03.15	Visit to State Tribal Research Institute Museum
03.30 to 04.45	Visit to Purkhauti Muktangan - open Museum
5.00 onwards	Cultural Evening (Lokrang, Arjunda) and Dinner

## Friday 30-01-2026

10.00 to 10.15	Recap
10.15 to 11.30	Sustainable livelihood for forest dwellers - Issues and challenges & Governance framework
11.45 to 01.00	Sustainable Forest Produce Management
02.00 to 03.15	Upliftment of Forest Dwellers through Eco tourism and Ethno tourism
03.30 to 04.45	Ensuring Employment Generation in Rural areas
04.45 to 5.00	Feedback

## Saturday 31-01-2026

09.00	Start for Sirpur
10.30 to 01.30	Visit to Archaeological Site of Sirpur
01.30 to 02.30	Lunch
02.30	Back to Academy

## Sunday 01-02-2026

10.00 to 5.00	Workshop on Tribal Art Forms of Chhattisgarh (Godna, Dhokra, Terracotta etc.) in Academy premises
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## Monday 02-02-2026

10.00 to 10.15	Recap
10.15 to 11.30	Local governance for indigenous communities in India
11.45 to 01.00	Implementation of Forest Rights in Chhattisgarh (FRA)
02.00 to 04.45	Call on with Hon'ble Governor/ Hon'ble CM
04.45 to 5.00	Feedback

## Tuesday 03-02-2026

10.00 to 10.15	Recap
10.15 to 01.00	Forest based Water & Soil conservation
2.00 onwards	Visit to Nalanda Parisar, Archaeological Museum and Garh Kalewa, Raipur. Dinner at Garh Kalewa



**Wednesday 04-02-2026**

10.00 to 10.15	Recap
10.15 to 11.30	Bio Diversity Conservation, endangered species and Man animal conflict management
11.45 to 01.00	School Education-innovative teaching practices in Forest/Tribal areas
02.00 onwards	Visit to a model school and Prayas Vidyalaya

**Thursday 05-02-2026**

10.00 to 10.15	Recap
10.15 to 11.30	E-Governance initiatives in food sector-Public Distribution system, Crop procurement etc
11.45 to 01.00	Ensuring health and nutrition of the people - Right to food Act
02.00 to 03.15	Agro practices, and conservation of Paddy species
03.30 to 04.45	Coping up with Malnutrition- Government Initiatives- Mid day meal, etc.
04.45 to 5.00	Feedback

**Friday 06-02-2026**

10.00 to 10.15	Recap
10.15 to 11.30	Special scheme for Particularly Vulnerable Tribal Groups PM JANMAN, PMAY, Gram Utkarsh etc.
11.45 to 01.00	Displacement and rehabilitation of people in mining areas
02.00 onwards	Depart for Gangrel Dam Dhamtari & Weekend Stay

**Saturday 07-02-2026**

10.00 to 5.00	Visit to various sites of Dhamtari district (Best Practices of Forest, Tribal and P& RD and Education, etc.) at Dugli, Narharpur, Jabarra, etc. Night Stay Dhamtari
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**Sunday 08-02-2026**

8.30 Onwards	Visit to Various Tribal sites viz Tribal Madai, Tribal Market etc in Kanker District, Meeting with Women SHGs, Back to Academy
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**Monday 09-02-2026**


10.00 to 10.15	Recap
10.15 to 11.30	Operationalizing Women safety in a democratic country, with special reference to Chhattisgarh
11.45 to 01.00	Health infrastructure and access to Health for indigenous Communities
02.00 onwards	Call on with CS & visit to Govt Secretariat, Dinner with Dignitaries

**Tuesday 10-02-2026**


10.00 to 10.15	Recap
10.15 to 11.30	Peace-building: Mainstreaming the people of Tribal Areas
11.45 to 01.00	Citizen centric policing in Tribal areas
02.00 to 5.00	Feedback & Valedictory

**Schedule may be subject to revision, as per requirement.**

## Resource Persons

<b>Name &amp; Designation</b>	<b>Dr. K. Subramaniam, IAS</b> Member, State Planning Commission	
<b>Professional Qualification</b>	M.Sc., B.Ed., LL.B., PhD	
<b>Service &amp; Batch</b>	Indian Forest Service (Retd.), 1984	
<b>Work Experience</b>	Worked as DFO, CF, APCCF and PCCF, Worked and Headed different departments viz. PWD, Housing, Urban Administration, Chief Minister office, Home Forest, Veterinary, Food Safety, Drug Administration, Mahatma Gandhi NREGA and VYAPAM, Chhattisgarh Council of Science and Technology, Member, State Planning Commission.	
<b>Area of specialization</b>	Public Policy, Good Governance, Ethics, Biodiversity Conservation, climate change adaptability etc.	
<b>Special Achievements</b>	Regular Guest Faculty in National level Educational and Training Institutes	

<b>Name &amp; Designation</b>	<b>Mr. Rajat Bansal, IAS</b> Director, Geology and Mining, MDC, CG State Mineral Development Corporation, Special Secretary, Bio Good Governance and Convergence.	
<b>Professional Qualification</b>	Computer Science Engineering from BITS, Pilani	
<b>Service &amp; Batch</b>	Indian Administrative Service, 2012	
<b>Work Experience</b>	Over 12 years of experience in the Indian Administrative Service.	
<b>Area of specialization</b>	Rural Development, Social Welfare and Child Protection, Tribal empowerment, Education & Skill Development, Urban Governance	
<b>Special Achievements</b>	The 22nd Change Agents 2022 recognition, Indian Express Excellence in Governance Award, UNCCD COP14 event panellist, Award for More Raipur App etc.	


<b>Name &amp; Designation</b>	<b>Dr. Dhruv Gupta, IAS</b> Inspector General Police	
<b>Professional Qualification</b>	Ph.D. in Economics	
<b>Service &amp; Batch</b>	Indian Police Services, 2005	
<b>Work Experience</b>	20 years of experience in policing and public administration.	
<b>Area of specialization</b>	Criminology, Game theory and Security Economics, Conflict Resolution, Law enforcement reforms, etc.	
<b>Special Achievements</b>	Academic work in Modelling insurgencies and exploring Institutional resilience.	

<b>Name &amp; Designation</b>	<b>Dr. Priyanka Shukla, IAS</b> Commissioner cum Director, Health Services Additional charge of MD, National Rural Health Mission.	
<b>Professional Qualification</b>	MBBS	
<b>Service &amp; Batch</b>	Indian Administrative Service, 2009	
<b>Work Experience</b>	16 years of experience in multiple fields like Revenue Administration, Rural Development, Skills, Urban Development, Technical Education, Health Services etc.	
<b>Area of specialization</b>	Social Mobilisation, Rural Development, Education, women empowerment & Health.	
<b>Special Achievements</b>	Award from Election Commission of India for SWEEP campaign, Presidents Award for Census 2011, Rashtriya Saksharata Award, Panchayat Sashaktikaran Award, etc.	



<b>Name &amp; Designation</b>	<b>Mr. Sunil Mishra, ms</b> Principal Chief Conservator of Forest (Land Management)	
<b>Professional Qualification</b>	M.Sc. Zoology	
<b>Service &amp; Batch</b>	Indian Forest Service, 1994	
<b>Work Experience</b>	Worked in different capacities of Forest -SDO, DFO, Conservator, MD, CSIDC, APCCF/PCCF (Land Management) since last 5 year and as APCCF/PCCF (Protection) since Jan 2024.	
<b>Area of specialization</b>	Forestry, Livelihood, Water Conservation, Eco tourism	
<b>Special Achievements</b>	Green Guard Award, achieved important milestones in the areas of Forest conservation and infrastructure development	


<b>Name &amp; Designation</b>	<b>Mr. Arun Kumar Pandey, ms</b> Additional Principal Chief Conservator of Forest (Development & Planning)	
<b>Professional Qualification</b>	BE (Civil Engineering), M.Sc Forestry	
<b>Service &amp; Batch</b>	Indian Forest Services, 1994	
<b>Work Experience</b>	30 years as IFS	
<b>Area of specialization</b>	Forestry, Silviculture practices, JFM etc	
<b>Special Achievements</b>	Authored 6 books based on forestry related subjects	

<b>Name &amp; Designation</b>	<b>Mr. Manivatanagan, S, ms</b> GM, State Minor Forest Produce Federation	
<b>Professional Qualification</b>	B.Sc. (Agriculture), M.Sc. (Horticulture)	
<b>Service &amp; Batch</b>	Indian Forest Services, 2009	
<b>Work Experience</b>	16 years	
<b>Area of specialization</b>	Forest protection, Forest management, Rural development, Watershed development, Tribal Livelihood improvement, Minor Forest Produce development, trade and processing	
<b>Special Achievements</b>	Got National award for Effective implementation of MGNREGS scheme in Sakma district for FY 2015-16 as CEO Zila panchayat.	

<b>Name &amp; Designation</b>	<b>Mr. Vivek Acharya, ms</b> MD, Tourism Board & Director Culture & Archaeology Department.	
<b>Professional Qualification</b>	M. Sc.	
<b>Service &amp; Batch</b>	Indian Forest Services, 2006	
<b>Work Experience</b>	19 years of Governance and Administration	
<b>Area of specialization</b>	Environment n Forest, Skill development, Technical education, Culture & Tourism	
<b>Special Achievements</b>	Livelihood generation for Forest dwellers by value addition, controlled Forest crime, Developed skill development courses, Organised international events like Dance festival, G20 etc.	

<b>Name &amp; Designation</b>	<b>Mr. Rakesh Chaturvedi, <sup>IAS</sup></b> Retd. Principal Chief Conservator of Forest	
<b>Professional Qualification</b>	BE (Civil)	
<b>Service &amp; Batch</b>	Indian Forest Service, 1985	
<b>Work Experience</b>	Worked at various capacities in Forest department. Retired as PCCF, visited several countries UK, USA, South Africa, Kenya France, Netherlands, Spain, Sri Lanka, Malaysia, Singapore, Thailand, Germany, Hong Kong, China, and Japan, and Australia to study forest and wildlife management.,	
<b>Area of specialization</b>	People's participation in Protection, conservation and development of Natural Resources and Environment	
<b>Special Achievements</b>	Multipurpose public infrastructure projects viz Ramvan Gaman Path, Nandarvan Jungle Safari and Zoo, Parkhuti Muktangan, Rajiv Smriti Van, in the State	

<b>Name &amp; Designation</b>	<b>Prof. Sanjay K. Patil</b> Ex-VC, Indira Gandhi Krishi Vishwavidyalaya	
<b>Professional Qualification</b>	Ph.D. in Soil Science & Agricultural Chemistry, & Post-Doctoral research from International Fertilizer Development Centre, LA, USA.	
<b>Service &amp; Batch</b>	Scientist and Agricultural educationists, Batch 1987.	
<b>Work Experience</b>	Vice Chancellor, Director Research, Dean and Head of Department in agricultural university. Experience of planning & policy making as member of task force on Agriculture of Planning Commission, Govt of Chhattisgarh, and expert of Planning Commission, GOI. Worked as Chairman Research Advisory Committees of ICAR, Member of Project Management Committee, & several other high-power committees of ICAR, Chairman & Member of Board of Academic, Administrative, Research & Extension councils of universities, & Board Member of several state & national agencies.	
<b>Area of specialization</b>	Soil science, Natural Resource Management, Simulation modeling for climate change, Tribal farming systems, etc.	
<b>Special Achievements</b>	<ul style="list-style-type: none"> <li>International acclamation with long experience of working at International Rice Research Institute, Manila, Philippines and International Fertilizer Development Center, USA as Visiting Scientist.</li> <li>Developed several resource management technologies, including India's least expensive Soil Testing Kit (GoI Patent No 347189), and models of rural livelihood security</li> <li>Recipient of several awards, honours, and recognitions including the prestigious BOYSCAST fellowship of Department of Science and Technology, Government of India, Fakhruddin Ali Ahmad Award for his work in tribal areas of Bastar by Indian Council of Agricultural Research, New Delhi.</li> </ul>	

<b>Name &amp; Designation</b>	<b>Mr. Durgesh Madhav Awasthi, <sup>IPS</sup></b> Retd. Director General of Police, Chhattisgarh	
<b>Professional Qualification</b>	Postgraduate degree in Sugar Technology from National Sugar Institute Kanpur	
<b>Service &amp; Batch</b>	Indian Police Service, 1986	
<b>Work Experience</b>	Worked as Supdt of Police, Inspector General of Police, IG of Intelligence, Addl Director General of Police - Economic offence and Anti Corruption Bureau, Director of Police Academy, Special Director General of Police- Naxal operations, and Director General of Police & Head of Police Forces, Chhattisgarh.	
<b>Area of specialization</b>	1. Intelligence & VIP Security 2. Naxal operations 3. Special Operations for crime detection 4. Handling Law & order situations.	
<b>Special Achievements</b>	1. Naxal operations 2. Crime detection 3. Citizens friendly policing	



## I Visits during training

- ① State Tribal Research and Training Institute and Museum, New Raipur (Half Day)
- ② Purkhauti Mukhtangan – an open air Museum, New Raipur (Half Day)
- ③ Gangrel Dam, Dhamtari (Half Day)
- ④ Various sites of Dhamtari district (Best Practices of Forest, Tribal, Panchayat & Rural Development and Education, etc) at Dugli, Narharpur, Jabarra, etc. Night Stay Dhamtari (One Day)
- ⑤ Various Tribal sites, viz. tribal madai, tribal market, etc. in Kanker District, meeting with Women SHGs. (One Day)
- ⑥ Prayas Vidyalaya (a residential School for children of tribal areas), visit to Nalanda Parisar (a 24/7 library for students & aspirants), Archaeological Museum and Garh Kalewa (a canteen for local ethnic cuisine, being run by women SHG), Raipur (Half Day)
- ⑦ Archaeological site of Sirpur (a complex of various religions and cultures across 5th to 12th centuries), District Mahasamund (One Day)





### Contact Us:

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Distance from Airport to Academy - around 14 kms.

### Contact Persons:

Shri Subrat Sahoo, IAS, Director General, Academy. Ph. +917712473262 (10.00 AM to 5.30 PM IST)

Shri T.C. Mahavar, IAS, Director, Academy. Ph. +917712473263 (10.00 AM to 5.30 PM IST)

Ms. Seema Singh, Senior Faculty, Course Director, Academy. Mob. +919300293008

Email – seemaudaysingh@yahoo.com

### Following persons may be contacted for:

Lodging	–	Ms. Menaka Pradhan, Joint Director (Admin). Mob. +918480860000
Local Conveyance	–	Ms. Parvati Patel, Deputy Director (Admin). Mob. +919617237611
Food	–	Dr. Sunita Roy, Faculty (Psychology). Mob. +919301218938
Medical requirements	–	Mr. Abhishek Tripathi, Deputy Director (Training). Mob. +919479024632

### Travel & Health Advisory:

**Weather:** January & February in Raipur/Chhattisgarh has comfortable weather, with pleasant days (22°-28° C) and cool mornings & evenings (18°-22° C). Forested & interior areas would be slightly colder at nights.

#### Clothing:

- Light woollens may be required for early mornings & evenings and outdoors, comfortable apparels for day time and travel. Shoes for classrooms, and shoes & caps for walking, as appropriate.
- Use protective clothing in forested areas to avoid insect bites, and allergies to skin.
- It is advisable to avoid short skirts & short dresses keeping in mind local sensitivities.

#### Medical/Health:

(for all participants to bring with themselves)

- Vaccination recommended - for all tropical infections, including but not restricted to typhoid, tetanus, malaria, flu, etc.
- Mosquito & insect repellent - for protection against malaria & dengue, and against insects bite.
- Personal medical kit - with basic medicines for fever, personal allergies, rashes, food and gastric ailments, etc.